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TEAM CONSULTANCY EXERCISE

Congratulations! You've been appointed to work together as an effective team to resolve an issue, presented by one team member using Edward De Bono's Six Thinking Hats model.

1. Choose a team member who has a challenge which they're happy to share
2. Choose a team member who will wear the Blue hat. This person will keep everyone thinking & speaking in parallel (*e.g. No ideas until the green hat, or no drawbacks when discussing the yellow hat etc.*)
3. In the fewest words possible, describe the challenge
4. Progress through the hats in the order shown
5. Other team members can ask questions or make contributions, as long as it keeps EVERYONE wearing the same hat
6. Once you've gone through all the hats, invite the owner of the challenge to identify one thing that they'll go away and do as a result of your thinking session

Hat	Focus
Blue Hat 	Process Control: It is used for thinking about thinking. The blue hat keeps people focussed on the thinking skill that is being used in that moment
White Hat 	Facts: It is used to capture the facts, data and information relating to the situation. Each contribution should be objective and possible to prove in a court of law – avoid subjectivity!
Red Hat 	Feelings: How do you feel about the situation? What is your intuition? Everyone can contribute their full spectrum of emotions without justification or prejudice
Yellow Hat 	Positives: This explores the benefits of the situation as we see it at the moment. This hat encourages a positive view in people who are always critical
Black Hat 	Caution: What are the potential negatives or costs of the situation. What could go wrong?
Green Hat 	Generative: What could we now do? Any and all ideas can be captured, no matter how peculiar or exceptional.