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| **Actions to Achieve or Maintain** | **Positives of when this polarity is receiving focus** | **Positives of when this polarity is receiving focus** | **Actions to Achieve or Maintain** |
|  |  |  |  |
| **Warning Signs**  *(The things you notice before the unintended consequences materialise)* | **Unintended consequences** when this polarity is receiving too much focus (to the exclusion of the other pole) | **Unintended consequences** when this polarity is receiving too much focus (to the exclusion of the other pole) | **Warning signs**  *(The things you notice before the unintended consequences materialise)* |
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